

## Knots of Love Loom Knitting Instructions for Sleep Chemo Cap



### Materials Needed:

Knifty Knitter Loom – **RED** (with 31 pegs)

Other looms can be used that are 7” in diameter and have 36 pegs spaced ½” apart.

Crochet hook – size J (for chain cast on)

Hook tool

Yarn recommended – Bernat Pipsqueak

Use one strand of yarn.

Two cast on methods can be used: either the chain cast on method or e-wrap. The chain cast on method gives a neat, flexible, non-loopy, crochet-like edge, but the e-wrap works well, too. The e-wrap is a bit more loopy though.

To make the flat brim:

For rows 1, 3, and 5 use a single stitch e-wrap.

For rows 2, 4, and 6 use a purl stitch.

To complete the cap:

Use a single stitch e-wrap until you reach 6” for a woman’s cap. This will result in a finished cap of 7” from crown to brim.

For a man’s cap add several more rows (about 4) until it measures 7”. This will give you a finished cap of 8”.

Cut yarn, leaving a 6” tail.

Bind off using the cinched or gathered method.

Weave in all yarn tail ends and cut off any excess.



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